

# Prevention Month Calendar: April 2003

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Read to a child.	<b>2</b> Compliment a child. Encourage a child. It helps build self-esteem.	<b>3</b> Volunteer at a local child abuse prevention center.	<b>4</b> Listen to your child's stories and dreams. Build his or her imagination.	<b>5</b> Learn nonviolent ways to discipline, such as time-out with discussion.
<b>6</b> Control offensive materials on your home computer.	<b>7</b> Color a special picture with your child. Hang it on the refrigerator.	<b>8</b> Visit a nursing home with your child.	<b>9</b> <u>DO SOMETHING</u> when you see child abuse in public.	<b>10</b> Baby-sit free for a parent who needs a break.	<b>11</b> Get to know your neighbors. Hold a block party.	<b>12</b> Take your child to the zoo.
<b>13</b> Take the family to a matinee.	<b>14</b> Play your child's favorite game.	<b>15</b> Volunteer in a classroom or at a childcare center.	<b>16</b> Make cookies with your child and frost them.	<b>17</b> Set a good example, demonstrate positive relationships.	<b>18</b> Encourage your children to give their allowance to charity.	<b>19</b> Wear a Blue Ribbon (the symbol to prevent child abuse).
<b>20</b> Go for a family bike ride.	<b>21</b> Become educated and involved in legislative children's issues.	<b>22</b> Give everyone in your family a hug today.	<b>23</b> Have the family go for a nice long walk together.	<b>24</b> Share your common experiences with other parents.	<b>25</b> Rent a family movie and share a bowl of popcorn.	<b>26</b> Clean out closets and give unwanted items to charity.
<b>27</b> Have the entire family make a Sunday dinner.	<b>28</b> Visit the Prevent Child Abuse America Web site at <a href="http://www.preventchildabuse.org">www.preventchildabuse.org</a> .	<b>29</b> Take a parenting or child-development class.	<b>30</b> Learn how, when, and what to report about suspected child abuse.			



Adapted from:  
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